

The Wellness Network is proud to include the following March of Dimes assets in the HealthClips Neonatal Library

► About Baby

Feeding

- 5 steps to help you breastfeed
- Feeding in the NICU
- Feeding your baby at home
- How do you hold your baby when you breastfeed?

Going Home

- Everyday care
- Getting ready to take your baby home from the NICU
- Getting used to life at home
- Taking your baby home on medical equipment

Medical Conditions

- Caring for your baby with neonatal abstinence syndrome
- Common health conditions treated in the NICU
- Preparing for your baby's medical care after the NICU
- When your baby has a serious health condition
- Your baby's medical care after the NICU

Neonatal Development

- Getting to know your baby
- Touching and holding your baby

Tests and Treatments

- Tests in the NICU
- Vaccination Schedule

► For Family

Coping & Emotions

- Baby: My NICU stay
- Coping with stress
- For adoptive families
- For single parents

Especially for Mom

- Coping with being in the hospital while pregnant
- For moms: How to take care of yourself
- Your postpartum checkup

Family Support

- Dads and the NICU: Your special role
- Family Stories
- Grandparents in the NICU: Your special role
- Siblings and the NICU: Helping your children cope

Navigating the NICU

- A shorter NICU stay
- Answers to common questions
- Equipment in the NICU
- If a dad, partner or family member gets to the NICU first
- Information about your baby's NICU
- NICU 101 — what you need to know
- NICU staff members
- Phone number list
- Weight chart
- When your baby needs intensive care
- Words to know
- Your baby's stay in the NICU